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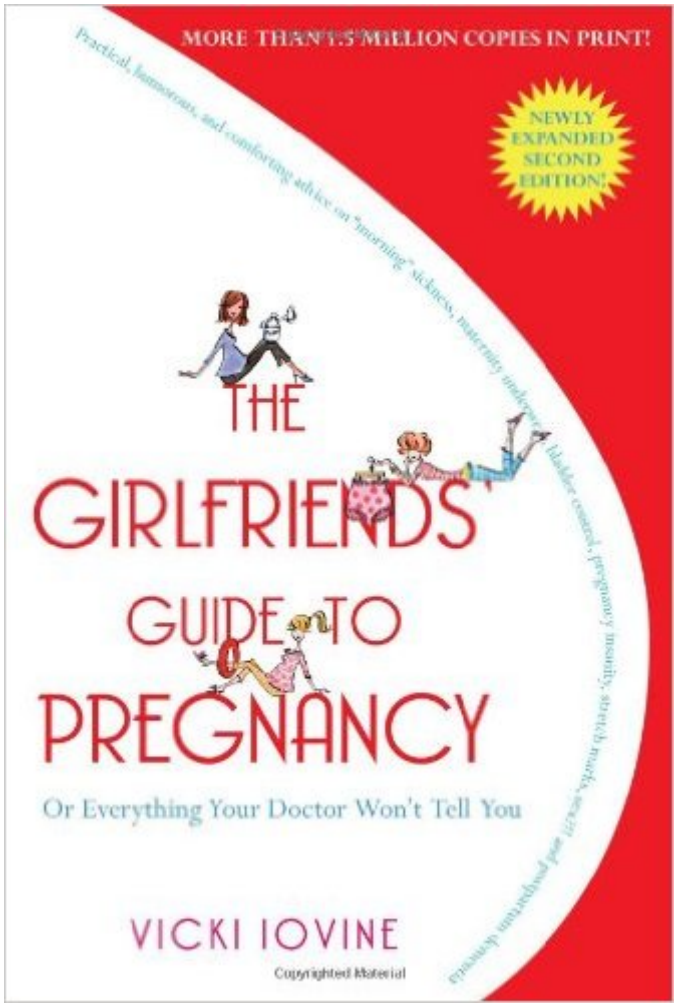
The Girlfriends' Guide To Pregnancy



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Synopsis

The practical, comforting, honest, and hilarious bestseller for moms-to-be, with more than one and a half million copies in print!Your doctor gives you medical advice. Your mother buys you baby clothes. But who can give you the real skinny when youâ ™re pregnant? Your girlfriends, of courseâ ”at least, the ones whoâ ™ve been through the exhilaration and exhaustion, the agony and ecstasy of pregnancy. Four-time delivery room veteran Vicki Iovine talks to you the way only a best friend canâ ”in the book that will go the whole nine months for every mother-to-be. In this revised and updated edition, get the lowdown on all those little things that are too strange or embarrassing to ask, practical tips, and hilarious takes on everything pregnant. What really happens to your bodyâ ”from morning sickness and gas to eating everything in sightâ ”and what itâ ™s like to go from being a babe to having one. The Many Moods of Pregnancyâ ”why youâ ™re so irritable/distracted/tired/lightheaded (or at least more than usual). Staying Stylishâ ”You may be pregnant, but you can still be the fashionista youâ ™ve always been (or at least you donâ ™t have to look like a walking beachball)â ”wearing the hippest designers and proudly showing off your bump. Pregnancy is Down To a Scienceâ ”from in vitro fertilization to scheduled c-sections, there are so many options, alternatives, and scientific tests to take that being pregnant can be downright confusing! And much more! For a reassuring voice or just a few good belly laughs, turn to this straight-talking guide on what to really expect when youâ ™re expecting.

Book Information

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Average Customer Review: 3.7 out of 5 starsÂ Â See all reviewsÂ (523 customer reviews)

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Customer Reviews

Good stuff: She gives really good advice on certain topics such as not to be embarrassed or afraid of wasting your doctor's time. She helps explain how your relationship with your OB is very different from any other doctor. She is also very reassuring and helps you prepare for any number of gross and/or embarrassing issues that may come up during your pregnancy or delivery.Bad Stuff: Oh boy does she have body issues!!!! There is barely a topic in the entire book that she doesn't relate back to the fact that you are fat and disgusting when you are pregnant. She herself went from a size four to a ten so she was hardly obese but she will simply not stop harping on how unattractive you are when you are pregnant. She also goes out of her way to let you know that not only she thinks pregnant women are by nature gross to look at but that your husband thinks you look gross. She describes her own husband as only having sex with her when she was bigger out of pity. She does include one brief blurb that some men might like the pregnant body shape and find it a turn on but it is written in a style that leaves no doubt that she finds this to be a rare and laughable quirk that some men might have. If she hasn't already managed to make you feel self conscience about your changing body there is a paragraph about how some men tend to cheat on their wives while they are pregnant if they aren't up for sleeping with their husbands or if their husbands can't stomach sleeping with a pregnant woman. Not just insulting to women but she reveals a very low opinion of men as well. Reducing them to bumbling creatures who are disinterested in their wives apart from a creature to have sex with and to have to put up with if she gets emotional.

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